

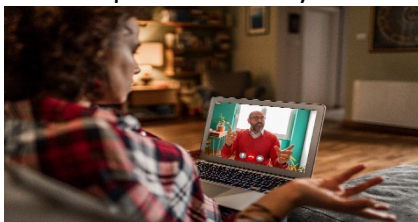


Brent Parent Carer Forum CIC hosts parents' workshops in partnership with Health, Education and Social Care - dates for your dairies!

February – July 2025

Dear Parent Carer

We are pleased to let you know about several workshops we are hosting in partnership with Health, Social Care and Education.



Following on from the success of previous workshops and requests from parents to host new workshops in a number of different areas for the next year.

We add to this rolling calendar of workshops regularly . If you would like to be kept up to date about what we do, our meetings and events – become a member.

<https://brentpcf.org/become-a-member/>

<https://chat.whatsapp.com/FkK5ph5qGXe692WsSgK6Xu>

If you have any questions about any of the workshops, please email us at admin@brentpcf.org or call me on 07852101492 Carol Parent Participation Lead BPCF

January 2025



Preparing for transition year 10/11 (age 14-17)for ASD children

Monday 13th January 2025 10-11.30am

Leaving school

It's important that autistic pupils, their families and others in their circle of support are involved in planning early. Transition from secondary school can be one of the most life-changing events a young person and their family faces, and the process is often difficult and confusing. Decisions made as we prepare to leave school can have an impact on the rest of our lives.

Involving everyone in the circle of support

A successful transition plan should involve everyone in a young person's life who knows them well. Planning should be person centred, focusing on what the young person wants for their future and what matters to them.

Transitions are where we look at the options, we have ahead of us. Facilitate

To Register here: <https://www.eventbrite.co.uk/e/parents-workshop-boat-leaving-school-year-10-11who-are-augtistic-tickets-1099694258129?aff=oddtcreator>

Zoom link: <https://us06web.zoom.us/j/3905806354?omn=87286211702>



Moving from Primary to secondary school (10-11)Year 5 for parents - ASD BOAT

Preparing for the transition can be a time of renewed anxiety about finding the right school that will meet your autistic young person's needs.

Supporting Transition to Secondary School

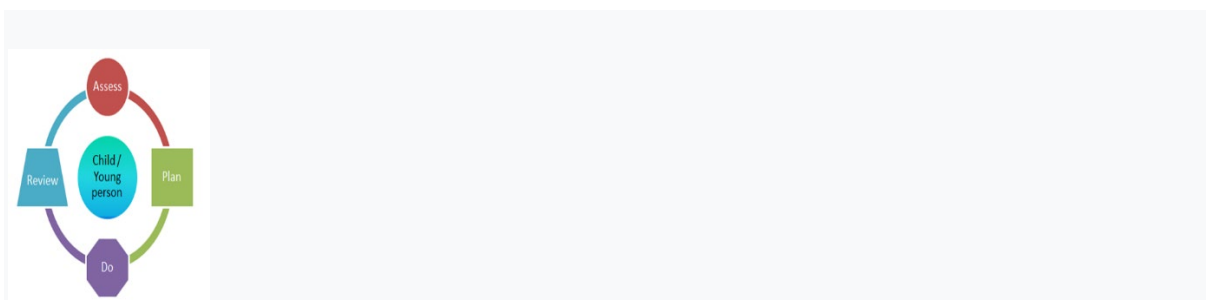
- Do you have questions regarding the next step in your child's education?
- Do you want to know what options are available?
- Would you like to meet other parents of autistic children going through this transition?
- Would you like to gain a greater insight into what you can be doing now to support this transition?
- Are you thinking about telling your child about their diagnosis?

This session will provide an opportunity to join Clare and Tahmina to support your thinking regarding options for secondary placements and how to support a smooth transition to your child's next school.

Hosted by: Clare Henshaw from BOAT and Tahmina Begum will join us from SEND 0-25 Team.

To register: <https://www.eventbrite.co.uk/e/parents-workshop-boat-supporting-parents-year-5-yp-who-are-autistic-tickets-1097349093679?aff=oddtcreator>

Join the Zoom Meeting <https://us06web.zoom.us/j/3905806354?omn=86502646503>



Understanding SEND Support and the Graduated Approach Framework.

Children and young people with SEN all have learning difficulties or disabilities that make it harder for them to learn than most children and young people of the same age. These children and young people may need extra or different help from that given to others

SEN support- The Graduated Framework

Any support your child gets from their school or other setting should meet their needs. If your child has SEN, they will be able to access help – called SEN support – from their Early years settings, such as nurseries or childminders Support for the under 5s), schools (see section in this guide on Support for children of school age) and further education institutions (see section in this guide on Young people Aged 16 and over in further education) such as colleges and 16-19 academies. SEN support replaces school action/school action plus (in schools) and early years action/early years action plus (in early years settings). This workshop will tell you how schools should be supporting your child and be

working in partnership with you .This workshop will also provide you with suggestions of those different questions you should ask when visiting early years setting and schools.

Wednesday 22nd January 2025 10-12noon

To register: <https://www.eventbrite.co.uk/e/1100245015459?aff=oddtcreator>

Teams link [Join the meeting now](#) Meeting ID: 351 251 438 60

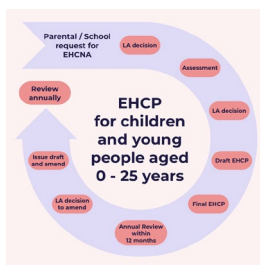
Passcode: 4Ri9Bm2k

Thursday 23rd January 2025 7-8.30pm

To register: <https://www.eventbrite.co.uk/e/understanding-send-support-and-the-graduated-approach-parents-workshop-tickets-1100249017429>

Teams Link [Join the meeting now](#) Meeting ID: 323 774 352 851

Passcode: Fb3Qo6Mi



Applying for a Educational Health and Social Care PLAN – EHCP

Some children with special educational needs (SEN) in England need more help than a mainstream school, college or nursery would normally provide at the level of SEN support

These pupils receive support through an Education, Health and Care (EHC) plan.

Children who needs are so complex may need to attend a Specialist setting which would require a EHC plan to be in place.

Join our workshop to hear in more detail about the process.

What is an EHC plan?

An Education, Health and Care (EHC) plan is a legal document that describes a child or young person's special educational, health and social care needs, explains the extra help that will be given to meet those needs and how that help will support the child or young person to achieve what they want to in their life.

Who may need an EHC plan?

EHC plans are for children and young people whose special educational needs require more help than would normally be provided in a mainstream education setting (a college, school, nursery).

Although the plan can include health or social care needs, your child will not get a plan if they only have health or social care needs that do not affect their education.

An EHC plan can be issued to a child or young person between the ages of 0 and 25 years.

How do I get an EHC plan?

EHC plans are drawn up by the local authority after an EHC needs assessment. You, your child's education setting or your child, if over 16, can ask your local authority to carry out an assessment

Monday 27th January 2025 10-12noon

To Register here - <https://www.eventbrite.co.uk/e/1099348293339?aff=oddtcreator>

Zoom link - <https://us06web.zoom.us/j/3905806354?omn=87896993629>

Tuesday 28th January 2025 7-.830pm

To Register here - <https://www.eventbrite.co.uk/e/1099356979319?aff=oddtcreator>

Zoon link - <https://us06web.zoom.us/j/3905806354?omn=83725391893>

February 2025



What is an Annual Review of an Education, Health and Social Care (EHC) plan?

Join us to learn more about how to prepare for your son's or daughter's annual review

When a child or young person has an Education, Health and Care plan (EHC plan) there is an ongoing requirement for the EHC plan to be reviewed by the local authority at least annually. This is referred to as the Annual Review. In Early Years an EHC plan should be reviewed every 3 to 6 months (CoP 9.178). The Annual Review is more than just a review meeting, it is a process that must be completed on or before the anniversary of when the EHC plan was first issued or the anniversary of the last review. An Annual Review must be undertaken in partnership with the child and their parent or the young person, and must take account of their views, wishes and feelings, including their right to request a Personal Budget

Tuesday 11th February 2025 10am -12noon

To register here <https://www.eventbrite.co.uk/e/bpcf-parents-workshop-preparing-for-annual-reviews-tickets-1099420027899>

Zoom link - <https://us06web.zoom.us/j/3905806354?omn=89345966648>

Tuesday 11th February 7-8.30pm

To register here <https://www.eventbrite.co.uk/e/bpcf-parents-workshop-preparing-for-annual-reviews-tickets-1099413779209?aff=oddtcreator>

Zoom link _ <https://us06web.zoom.us/j/3905806354?omn=86726629904>



The Role of SENDIASS in Brent

Join us to meet the Team and hear more about how they can support you and your young person .

SENDiass stands for special educational needs and disability information advice and support service. Children, young people and their parents and carers where a child or

young person has or may have special educational needs or a disability are able to access the service for free, impartial and confidential information and advice.

“Local authorities must arrange for children with SEN or disabilities for whom they are responsible, and their parents, and young people with SEN or disabilities for whom they are responsible, to be provided with information and advice about matters relating to their SEN or disabilities, including matters relating to health and social care.”

SEND Code of Practice 2014, DfE

Tuesday 25th February 2025 10.00am-12noon

To Register here: <https://www.eventbrite.co.uk/e/the-role-of-brent-sendiass-tickets-1099425373889>

Zoom link: <https://us06web.zoom.us/j/3905806354?omn=86321941535>

Wednesday 26th February 2025 7-8.30pm

To Register here <https://www.eventbrite.co.uk/e/the-role-of-brent-sendiass-tickets-1099431582459?aff=oddtcreator>

Zoom link: <https://us06web.zoom.us/j/3905806354?omn=89278687338>

March 2025



The importance of speaking to your children – understanding how language develops

Language development **supports cognitive, social, literacy and other aspects of development.** Language development starts with sounds and gestures and then includes words and sentences. You can support language development by talking with your child and responding when your child communicates. Babies from 20 weeks in the womb can hear .

Young children must learn to understand spoken language to develop their use of language. Often young children’s understanding of language is better than their spoken language. A good understanding of spoken language is crucial for a child’s communication development.

Monday 3rd March 2025 7-8.30pm

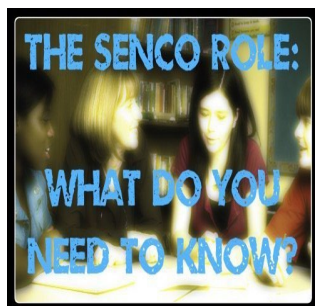
To register here : <https://www.eventbrite.co.uk/e/the-importance-of-speaking-to-your-children-tickets-1099451301439?aff=oddtcreator>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=89549574216>

Tuesday 4th March 2025 10am-12 noon

To register here : <https://www.eventbrite.co.uk/e/the-importance-of-speaking-to-your-children-tickets-1099459315409>

Zoom link: <https://us06web.zoom.us/j/3905806354?omn=88548466606>



The Role of the SENCO – Special Educational Needs Coordinator

Tuesday 11th March 2025 10-12 noon

To register here: <https://www.eventbrite.co.uk/e/the-role-of-senco-tickets-1099480589039?aff=oddtcreator>

Zoom link: <https://us06web.zoom.us/j/3905806354?omn=88154806284>

Tuesday 11th March 2025 7-8.30pm

To register here: Zoom link: <https://www.eventbrite.co.uk/e/the-role-of-senco-tickets-1099485975149>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=86387349936#>

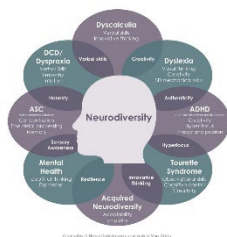
Join us to find out more about the role and responsibilities of the SENCO

The SENCO has a **critical role** to play in ensuring that children with special educational needs and disabilities within a school receive the support they need.

Gradually over the years the status and import of the **role has developed** with successive guidance validating and substantiating the role.

In the most recent Code of Practice, the SENCO must be a qualified teacher (why ever were they not!) and a newly appointed SENCO must achieve a National award in Special Educational Needs Coordination within three years of appointment.

The SENCO has 'an important role to play with the headteacher and governing body in determining the strategic development of SEN policy and provision and will be most effective if they are part of the school leadership team'.



What is Neurodiversity

Neurodiversity is a word used to describe the different thinking styles that affect how people communicate with the world around them.

It is an umbrella term - a word that sums up lots of different things. It includes autism, ADHD, dyslexia, dyspraxia, dyscalculia and Tourette's.

Ever wondered ****what is Neurodiversity**** all about? This event is your chance to learn more about the concept and its importance. We'll discuss how neurodiversity celebrates the unique strengths and perspectives of individuals with diverse neurological differences. Whether you're new to the topic or looking to deepen your understanding, this event is open to everyone interested in promoting inclusivity and understanding in our society.

Don't miss out on this opportunity to broaden your knowledge and connect with like-minded individuals. Come and be part of the conversation!

Tuesday 18th March 2025 10-12noon

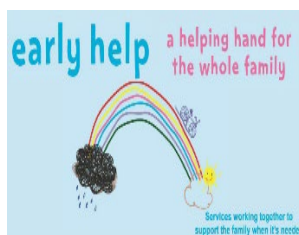
To register here; <https://www.eventbrite.co.uk/e/what-is-neurodiversity-tickets-1099495212779?aff=oddtcreator>

Zoom: <https://us06web.zoom.us/j/3905806354?omn=82262246838>

Tuesday 18th March 2025 7-8.30pm

To register here: <https://www.eventbrite.co.uk/e/what-is-neurodiversity-tickets-1099499876729>

Zoom link; <https://us06web.zoom.us/j/3905806354?omn=84784441689>



Early Help – what support is available?

Our Early Help Service provides a range of assistance for families with children aged 0 to 18 years old (up to 25 if the young person has a disability or additional needs).

There are a number of teams and services involved, including our:

Family wellbeing centres: that deliver early help offer for children and families

Family solutions team: works through family wellbeing centres to support families with children aged 0 to 18 years old (up to 25 for young people with disabilities) on a range of issues including mental health, domestic abuse, drug and alcohol misuse, parenting and money advice.

Early years services: gives advice on childcare for all ages including free childcare for 2, 3 and 4 year olds and out of school childcare for older children.

Portage team: a free home visiting service for pre-school children with a disability or additional needs

Embedded team: that works to support siblings in families where older children are working with specialist /and/or statutory services (including pupil referral units and the youth offending service).

Accelerated support team: providing a rapid-response service to young people (on the edge of care) between the ages of 11 and 17 and their families.

Monday 24th March 2025 7.30pm-8.30pm

Register here: <https://www.eventbrite.co.uk/e/1099506346079?aff=oddtcreator>

Zoom link: <https://us06web.zoom.us/j/3905806354?omn=89000470499>

Tuesday 25th March 2025 10-12noon

Register here <https://www.eventbrite.co.uk/e/what-is-early-help-tickets-1099512133389?aff=oddtcreator>

Zoom link: <https://us06web.zoom.us/j/3905806354?omn=89173958273>

April 2025



Supporting your mental health and wellbeing

Emotional well-being, or emotional health or wellness, refers to how well people are able to accept and manage their emotions and cope with challenges throughout life. Emotional well-being can affect how well someone can function day to day or how they are able to deal with change or uncertainty.

Join us and members of the Wellbeing and Emotional Support Team (WEST) which is a targeted mental health service for vulnerable children and young people aged from four to 18 years old (up to 25 for people with special educational needs and disabilities).

Monday 31st March 2025 10-12

Register here: <https://www.eventbrite.co.uk/e/copy-of-bpcf-hosts-health-and-wellbeing-for-parents-day-session-tickets-1099719142559>

Zoom link: <https://us06web.zoom.us/j/3905806354?omn=82528678586>

Tuesday 1st April 7-8.30pm

Register here: <https://www.eventbrite.co.uk/e/bpcf-hosts-health-and-wellbeing-for-parents-eve-session-tickets-1099730015079>

Zoom link: <https://us06web.zoom.us/j/3905806354?omn=81175512730>



The role of Social Care in Brent

Join us to find out about the role of social care and how to access .

Ensuring everyone who needs extra care is supported, including older adults and those living with disabilities.

Providing physical, emotional, and social support to help people live their lives.

Assisting with daily tasks.

Building relationships with individuals.

Monitoring individuals and advocating for their needs.

Tuesday 22nd April 2025 10-12

Register here : <https://www.eventbrite.co.uk/e/ftthe-role-of-social-care-in-brent-tickets-1099734879629>

Zoom link: <https://us06web.zoom.us/j/3905806354?omn=87505516702>

Tuesday 22nd April 2025 7-830pm

Register here: <https://www.eventbrite.co.uk/e/the-role-of-social-care-in-brent-tickets-1100075799329>

Zoom link: <https://us06web.zoom.us/j/3905806354?omn=89964668191>



Young person's transition annual review.

Join us to learn more about the purpose and importance of your Son/Daughter's Annual Review at year 9 – transition.

Transition review

The LA must conduct a 'transition review' when the child or young person is transferring from one stage of education to another. This is to ensure the EHCP accurately describes the child or young person's needs and provides the support they will require in their next placement. It also gives the child or young person and their parents an opportunity to raise any concerns they may have.

The process and timescales for EHCP reviews are outlined in the SEND Regulations 2014. Taking these into account, the review meeting should be early in the autumn term - ideally no later than October. Parents must be given at least two weeks' notice of the meeting date.

The person arranging the meeting must request advice and information about the pupil from parents, the school, the local authority, and healthcare and social services professionals (if appropriate). For the transfer review, it's also a good idea to have updated assessments from therapists or specialist teachers working with the pupil.

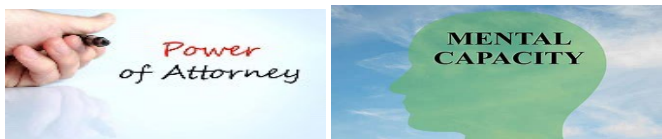
Join us and hear more about the importance of this review and have an opportunity to have any questions answered.

Monday 28th April 10-12noon daytime

Register here: <https://www.eventbrite.co.uk/e/copy-of-parent-young-persons-transition-annual-review-tickets-1099739032049>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=82697836603>

Evening session to be confirmed



Understanding Mental Capacity, lasting power of attorney and other legal matters

Mental capacity refers to the ability to make decisions for yourself¹²³. People who cannot do this are said to 'lack capacity'¹. This might be due to illness, injury, a learning disability, or mental health problems that affect the way their brain works¹. An individual who does not have capacity is unable to understand information or make an informed decision based on that information².

Tuesday 29th April 10-12 noon

Register here <https://www.eventbrite.co.uk/e/understanding-mental-capacity-and-lasting-power-of-attorney-legal-matters-tickets-1099743475339?aff=oddtcreator>

Zoom link <https://us06web.zoom.us/j/3905806354?omn=85804700490>

Wednesday 30th April 7-8.30pm

Register here : <https://www.eventbrite.co.uk/e/understanding-mental-capacity-and-lasting-power-of-attorney-legal-matters-tickets-1099909742649>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=82960731601>

May 2025



Direct Payments and personal budgets

A personal budget is the overall cost of the care and support the local authority provides or arranges for you. It specifies how much, if anything, you must pay towards the overall cost and the remaining amount paid by the authority. Direct payments are a funding choice in personal budget

Monday 5th May 2025 7-8.30pm

Register here: <https://www.eventbrite.co.uk/e/understanding-direct-payments-and-personal-budget-session-tickets-1100083522429?aff=oddtcreator>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=83916235490>

Tuesday 6th May 10-12

Register here : <https://www.eventbrite.co.uk/e/understanding-direct-payments-and-personal-budget-session-tickets-1099751609669>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=81963714017>



New Beginnings- supporting the move to big school for parents – Early Years.

your son/ daughter starting big school!

Starting school is an exciting time for young children and their parents. It can be a daunting time, too, especially when you son/ daughter has special educational needs and disabilities (SEND), with preparation and encouragement, most children will settle in easily at school.

Join us to hear how your son/ daughter with SEND will be supported to transition from home to nursery. Find out about ways you can prepare your son and daughter for their first day at school

Ask those questions that have been playing on your mind and meet the Early Years inclusion team and hear about ways to support your son/daughter and ask any questions you may have

Tuesday 13th May 2025 10-12 noon

Register here : <https://www.eventbrite.co.uk/e/new-beginningssupporting-the-move-to-big-school-tickets-1099757697879>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=87563590655>

Tuesday 15th May 2025 7-8.30pm

Is Register here : <https://www.eventbrite.co.uk/e/new-beginningssupporting-the-move-to-big-school-tickets-1099763645669>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=89747733698>



Managing Stress and anxiety – mindfulness and coping strategies in person

Being prepared for periods of stress can make it easier to get through them. And knowing how to manage our wellbeing can help us recover after a stressful event. Some of us may refer to our ability to manage stress as our resilience.

Join us on Tuesday 20th May at 10.00am -12noon

Join us for lunch afterwards

Unit 5 – ground floor

Barnham Park

660 Harrow Road

HAO 2HB

Register for our in person session <https://www.eventbrite.co.uk/e/managing-stress-and-anxiety-learning-mindfulness-and-coping-strategies-tickets-1099768038809?aff=oddtcreator>

Online for those not able to attend in person

Wednesday 21st May 2025 7-8.30pm

Register here : <https://www.eventbrite.co.uk/e/managing-stress-and-anxiety-learning-mindfulness-and-coping-strategies-tickets-1099772151109>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=81430920562>



Understanding the Resource allocation system (RAS) in SEND service

Join this session to gain a better understanding of the RAS in Brent .

- What is RAS
- Who may be eligible
- What is the process
- How decisions are made

For children and young people who may need additional support, a Resource Allocation System provides a set of parameters or rules to be applied that allows fair allocation. In effect, RAS connects a particular level of need with a particular level of funding. This could be funding given directly to the setting or situations where young people or families have opted for a personal budget.

The decision about the level of specialist short breaks or support / care package a child/young person is eligible for is determined at the Disabled Children and Young People Panel. The panel sits weekly to decide about the level of support your child needs to achieve the outcomes which are set out in the Education Health and Care Plan/Annual review, Child in Need Plan, Short Break Plan or the Child and Family Assessment, Care and Support Plan and Preparation for Adulthood agenda.

Wednesday 21st May 2025 10-12noon

Register here : <https://www.eventbrite.co.uk/e/understanding-the-resource-allocation-system-ras-in-the-send-service-tickets-1099912591169?aff=oddtcreator>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=82964878794>

Thursday 22nd May 2025 7-8.30pm

Register here : <https://www.eventbrite.co.uk/e/understanding-the-resource-allocation-system-ras-in-the-send-service-tickets-1100085698939>

Zoom link <https://us06web.zoom.us/j/3905806354?omn=88259085636>

June 2025



Money Matters- a guide to welfare benefits workshop – day time

Monday 2nd June 7-8,30pm

Register here : <https://www.eventbrite.co.uk/e/bpcf-money-matters-guide-to-benefits-workshop-evening-session-tickets-1099916873979>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=83045470482>

Tuesday 3rd June 10-12 noon

Register here: <https://www.eventbrite.co.uk/e/bpcf-money-matters-guide-to-benefits-workshop-day-session-tickets-1099919511869>

Zoom link: <https://us06web.zoom.us/j/3905806354?omn=89456684009>

Join Brent Hubs to find out about benefits you may be entitled too!

Find information about financial support for individuals with special educational needs and disabilities and their carers.

What can money matters help you with? There's a range of information and support services available to help you make sure you are making the most of your money. This includes information on budgeting, saving, debt prevention, affordable credit, benefit entitlement, moving from benefits into employment and energy best deals.

All disability benefits. Links to Universal Credit

Changes to benefits when a disability young person turns 16 www.brent.gov.uk | www.brenthubs.com



Introduction to Brent Family wellbeing centre

Family Wellbeing Centres

The Brent Family Wellbeing Centres provide a range of community-led services that can support you from the moment you know you're expecting, through pregnancy and birth, until your child is 18 years old (or up to 25 for children and young people with special educational needs). The Centres, offer a wide range of free health, education and welfare services to families and aim to give everyone in Brent the best possible start in life.

Join us to find out more about Brents Wellbeing Centres and how they can help you.

Monday 9th June 7-8.30pm

Register here : <https://www.eventbrite.co.uk/e/brent-family-wellbeing-centres-tickets-1100100041839?aff=oddtcreator>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=89824816717>

Tuesday 10th June 10-12

Register here : <https://www.eventbrite.co.uk/e/copy-of-brent-family-wellbeing-centres-tickets-1100109640549>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=81941418297>



Understanding Behaviour as a communication

Understanding and managing Behaviours that may challenge?

As all children grow up there are times when they show difficult or inappropriate behaviour.

Challenging behaviour is a term that is used to describe particularly “difficult” or “problematic” behaviour, which is experienced as challenging by parents and others who care for and support these individuals. Challenging behaviour is more common in individuals with learning (intellectual) disability and autism spectrum conditions than in those without; approximately ten percent of children with learning disability exhibit severely challenging behaviour.

Those with physical, emotional, social and communication difficulties may also show behaviour that is worrying, difficult or challenging. A person’s underlying medical and/or psychiatric condition, age, social experiences, adverse life events and a range of other factors can affect the type of behaviour. Occasionally an underlying cause, for example genetic, may leave the individual prone to challenging behaviours of varying intensity and nature.

As all children grow up there are times when they show difficult or inappropriate behaviour.

Understanding the function of the behaviour that challenges When to intervene to stop the behaviour

Monday 16th June 2025 7-8.30pm

Register here : <https://www.eventbrite.co.uk/e/understanding-behaviours-in-your-child-as-a-communication-tickets-1100165688189?aff=oddtcreator>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=87638216731>

Tuesday 17th June 2025 10-12 noon

Register here : <https://www.eventbrite.co.uk/e/copy-of-understanding-behaviours-in-your-child-as-a-communication-tickets-1100167102419>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=81901516710>



Dental Hygiene

You are all warmly welcome to join us and Erinna Proudfoot - Oral health specialist to:

- Gain a better understanding of the importance of good oral hygiene
- Erinna will share information about different techniques and how to adapt brushes for children with SEND .
- Answer any questions you may have
- listen to top tips about how to support your child especially, if they have sensory issues

Monday 23rd June 7-830pm

Register here : <https://www.eventbrite.co.uk/e/the-importance-of-good-dental-care-for-send-children-and-young-people-tickets-1100140442679>

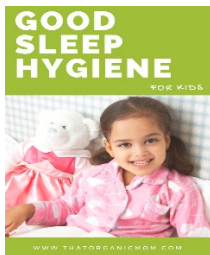
Zoom link : <https://us06web.zoom.us/j/3905806354?omn=81916768241>

Tuesday 24th June 2025 10-12

Register here: <https://www.eventbrite.co.uk/e/the-importance-of-good-dental-care-for-send-children-and-young-people-tickets-1100145076539>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=89485301372>

July 2025



Sleep hygiene

If you have a child with additional needs and sleep issues, bedtime can be tricky.

Whether they struggle to communicate how they're feeling, have increased anxiety, sensory issues or social cueing problems, sleeping well may be difficult. For example research estimates that between 40-80% of children and young adults with autism have sleep problems. If your child regularly has difficulty falling asleep or staying asleep, it may be a sign of a sleep issue.

Lack of sleep can impact in the following ways:

- Aggression
- Depression
- Hyperactivity
- Increased behavioural problems
- Irritability
- Poor learning and cognitive performance

Tuesday 1st July 2024 10-12noon

Register <https://www.eventbrite.co.uk/e/send-parent-carers-workshop-sleep-hygiene-getting-a-good-nights-sleep-tickets-109920755589>

Zoom link <https://us06web.zoom.us/j/3905806354?omn=87401438518>

Tuesday 1st July 2025 7pm-8.30pm

Register: <https://www.eventbrite.co.uk/e/send-parent-carers-workshop-sleep-hygiene-getting-a-good-nights-sleep-tickets-1100128978389>

Zoom link: <https://us06web.zoom.us/j/3905806354?omn=86940869380>



Transition to adulthood

On your way..... 16+ to greater independence and adulthood

Preparing for Adulthood outcomes are based on what disabled young people say is important to them. Ultimately, young people want to have full lives with choices about their future and control of their support.

This time can be confusing and daunting for parents - join us to find out more about what is happening in Brent

Find out about more about consent and capacity and how this applies to your son/daughter .

Monday 7th July 2025 7-8.30pm

Register here: <https://www.eventbrite.co.uk/e/on-your-way-16-to-greater-independence-and-adulthood-tickets-1100163611979>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=81600437762>

Tuesday 8th July 2025 10-12noon

Register here : <https://www.eventbrite.co.uk/e/on-your-way-16-to-greater-independence-and-adulthood-tickets-1100164815579>

Zoom link: <https://us06web.zoom.us/j/3905806354?omn=89563715982>



Toilet training

Learn tips and tricks for toilet training children with special educational needs and disabilities in this online event!

Monday 14th July 7-8.30pm

Register here : <https://www.eventbrite.co.uk/e/toilet-training-for-children-with-send-tickets-1100154564919?aff=oddtcreator>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=84311999609>

Tuesday 15th July 10-12

Register here : <https://www.eventbrite.co.uk/e/toilet-training-for-children-with-send-tickets-1100156169719>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=89748011581>



Brent

Local offer Navigating

The Local Offer for Children with Special Educational Needs and Disabilities (SEND)

A single place to come for information and advice for children and young people with special educational needs and disabilities (SEND) aged 0-25, and their families.

Wednesday 16th July 10-12

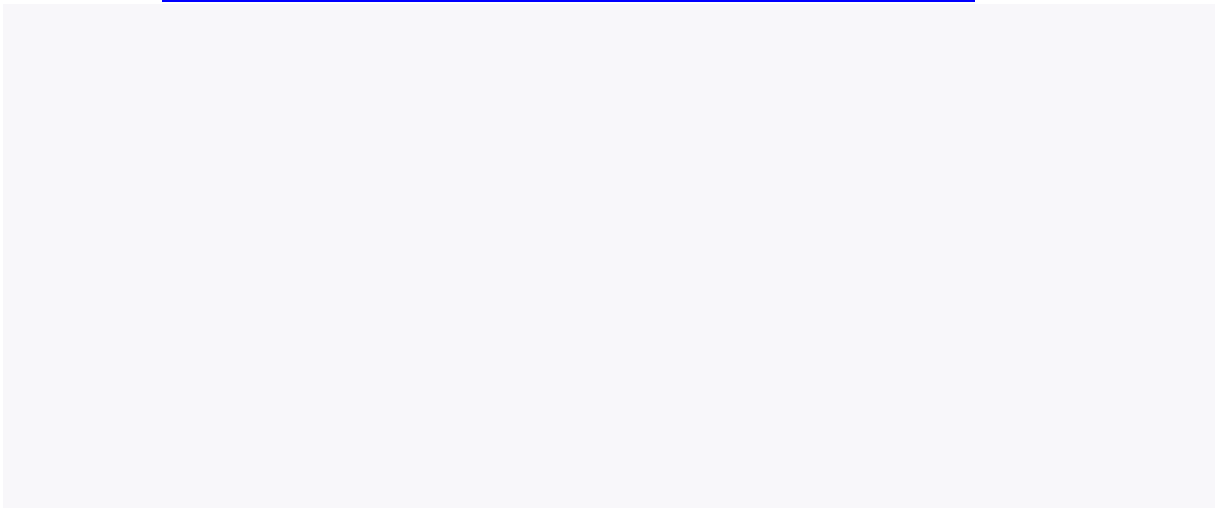
Register here: <https://www.eventbrite.co.uk/e/1100151676279?aff=oddtcreator>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=81707113353>

Wednesday 16th July 7-8.30pm

Register here: <https://www.eventbrite.co.uk/e/brent-local-offer-for-send-families-tickets-1100152739459?aff=oddtcreator>

Zoom link : <https://us06web.zoom.us/j/3905806354?omn=88967896202>





Details to follow

How to ask the right questions – to get the best results!

How to challenge effectively

Every day we are faced with situations where our point of view can be challenged. Being able to present your ideas, and work with others with opposing views. It takes confidence to challenge others. Thinking through your approach can help reduce nervousness about challenging someone and give you a different perspective.

Join us and a member of the SENDIASS TEAM to hear about ways to challenge differences and effectively challenge decisions and situations

If you have any questions or have suggestions and requests for other workshops

please email admin@brentpcf.org