	Autumn 2									
TO, ARRA PROGRAM SCHOOL	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8		
Reception	Topic: Fundamentals L.O: To explore static balancing	Topic: Fundamentals L.O: To combine several coordination drills using upper and lower body movements.	Topic: Fundamentals L.O: To time running to the path of a ball.	Topic: Fundamentals L.O: to travel in different ways showing clear transitions between movements.	Topic: Fundamentals L.O: To travel in different directions with control and fluency.	Topic: Fundamentals L.O: To practise Agility balance and coordination.	Topic: Assessment Week	Consolidation GAPs		
Year 1	Topic: Sending and receiving L.O: To develop basic sending and receiving techniques	Topic: Sending and receiving L.O: To master basic sending and receiving techniques	Topic: Sending and receiving L.O: To master basic sending and receiving techniques. To develop balance, agility and co-ordination.	Topic: Sending and receiving L.O: To master basic sending and receiving as well as developing balance agility and coordination. To make use of coordination, accuracy and weight transfer.	Topic: Sending and receiving L.O: To develop receiving skills	Topic: Sending and receiving L.O: To use ball skills in game-based activities	Topic: Assessment Week	Consolidation GAPs		
Year 2	Topic: Ball skills L.O: To use hand-eye co- ordination to control a ball	Topic: Ball skills L.O: To catch a variety of objects.	Topic: Ball skills L.O: To vary types of throws	Topic: Ball skills L.O: To kick and move with a ball.	Topic: Ball skills L.O: To develop catching and dribbling skills.	Topic: Ball skills L.O: To use ball skills in a mini festival.	Topic: Assessment Week	Consolidation GAPs		
Year 3	Topic: Ball skills L.O: To be aware of others when playing games. To choose the correct skills to meet a challenge.	Topic: Ball skills L.O: To perform a range of actions, maintaining control of the ball. To perform a range of catching and gathering skills with control.	Topic: Ball skills L.O: To master the basic catching technique. To catch with increasing control and accuracy.	Topic: Ball skills L.O: To master the basic throwing technique. To throw and hit a ball in different ways	Topic: Ball skills L.O: To apply skills and tactics in small-sided games. To identify and follow the rules of games.	Topic: Ball skills L.O: To choose and use simple tactics to suit different situations. To react to situations in ways that make it difficult for opponents to win.	Topic: Assessment Week	Consolidation GAPs		
Year 4	Topic: Multi-skills L.O: To keep possession of a ball.	Topic: Multi-skills L.O: To use ABC (agility, balance, co-ordination) techniques to keep control of a ball in a competitive situation.	Topic: Multi-skills L.O: To use accurate passing and dribbling in a game	Topic: Multi-skills L.O: To identify and apply ways to move the ball towards an opponent's goal.	Topic: Multi-skills L.O: To learn concepts of attack and defence.	Topic: Multi-skills L.O: To play in a mini football competition.	Topic: Assessment Week	Consolidation GAPs		
Year 5	Topic: Tag Rugby L.O: To understand the basic rules of tag rugby	Topic: Tag Rugby L.O: To work as a team, using ball-handling skills.	Topic: Tag Rugby L.O: To pass and carry a ball using balance and co- ordination.	Topic: Tag Rugby L.O: To use skills learned to play a game of tag rugby	Topic: Tag Rugby L.O: To apply rules and skills learned to a game.	Topic: Tag Rugby L.O: To play in a mini tag rugby competition.	Topic: Assessment Week	Consolidation GAPs		
Year 6	Topic: Tag Rugby L.O: To understand the basic rules of tag rugby	Topic: Tag Rugby L.O: To work as a team, using ball-handling skills.	Topic: Tag Rugby	Topic: Tag Rugby	Topic: Tag Rugby L.O: To apply rules and skills learned to a game.	Topic: Tag Rugby L.O: To play in a mini tag rugby competition.	Topic: Assessment Week	Consolidation GAPs		

		L.O: To pass and carry a	L.O: To use skills learned		
		ball using balance and co-	to play a game of tag		
		ordination.	rugby		