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ISLAMIA PRIMARY SCHOOL

ESTABLISHED 1983

AS-SALAMU ALAYKUM

Chronicles of Islamia

16th October 2026 - 5 Jumada Al-Awwal 1448
Newsletter Issue 4

Headteacher's Message

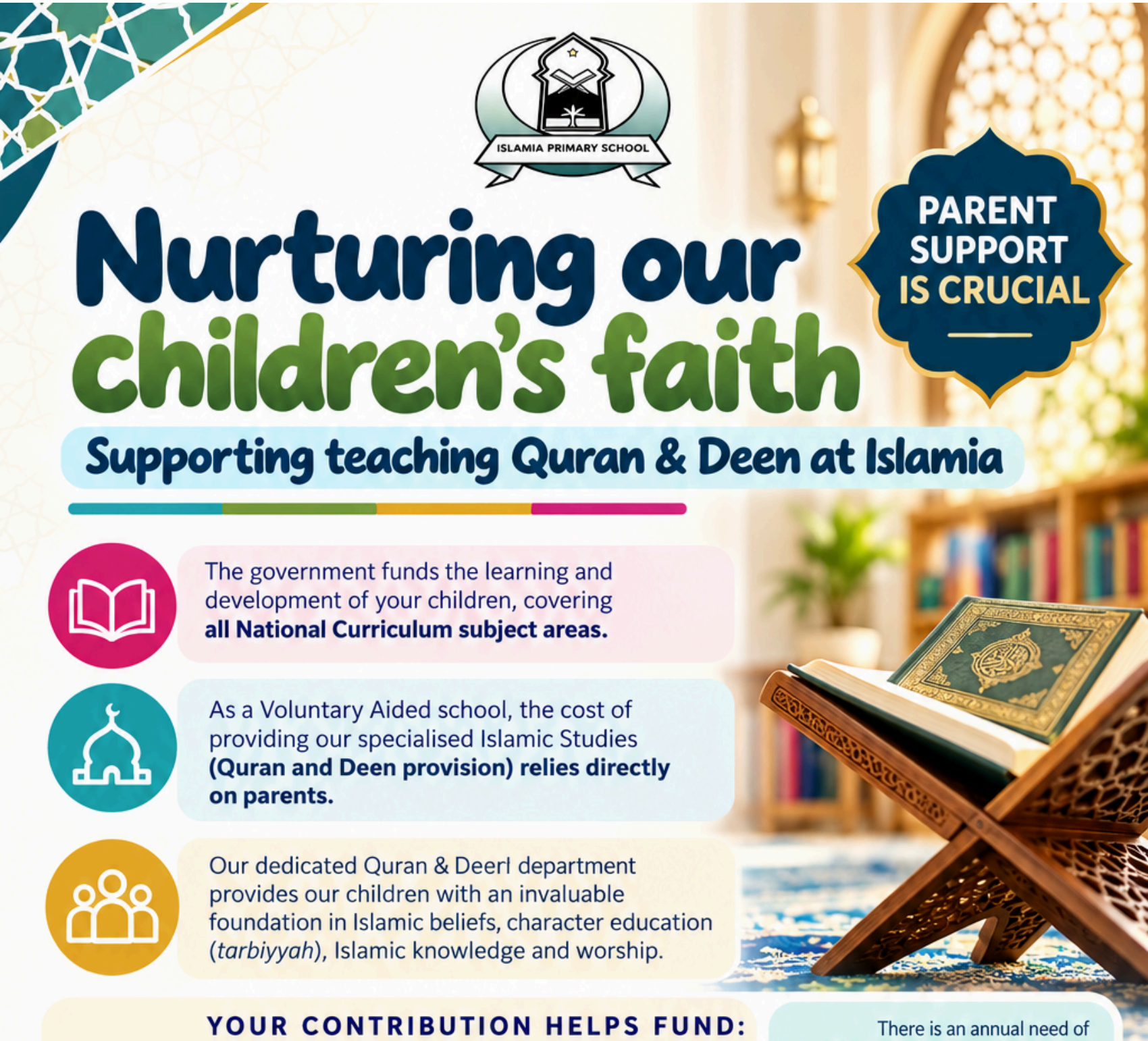
A highlight of last week was our wonderful Year 5 Palm performance, which brought to life the story of the Year of the Elephant, the year in which our beloved Prophet Muhammad ﷺ was born, and the valuable lessons we can learn from this remarkable event.

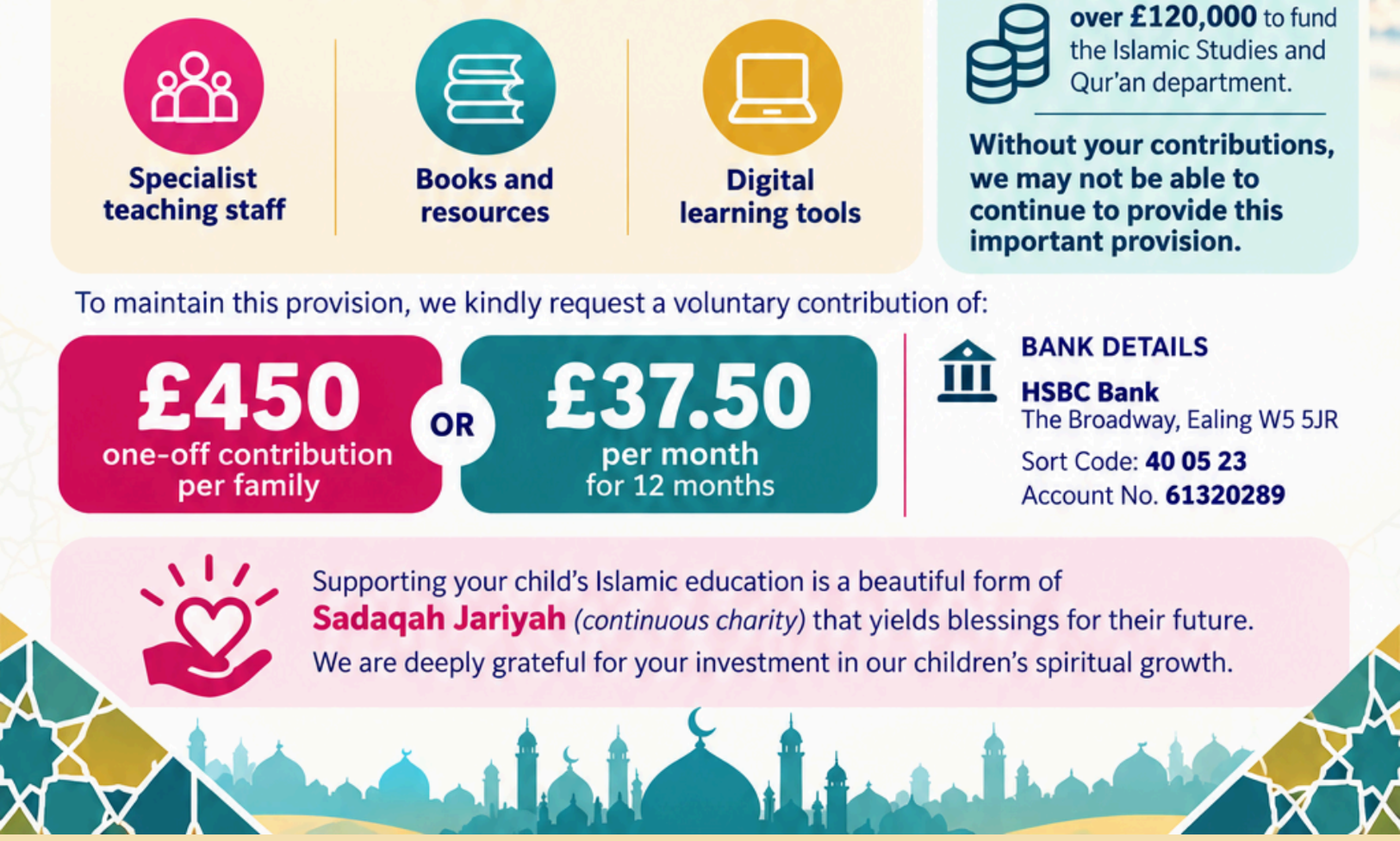
These performances are a fantastic way for children to bring their learning to life, build confidence, develop speaking and drama skills, and share their learning with you, our parents.

A big jazakumAllahu khayran to our pupils and staff for their hard work, and to the parents who joined us to celebrate their achievements.

Look out for more performances as we continue to showcase our children's learning – one play at a time!

Please continue to keep our school, pupils and staff in your du'as.
Hussain Shefaar





PROMOTING HEALTHY HABITS

At Islamia, we want every child to have the energy, concentration and good health they need to learn, play and thrive. **What children eat regularly matters**, and developing healthy habits from an early age can make a lasting difference.

We have noticed that some children are bringing crisps and other less nutritious snacks to school every day or being given them at home-time as they leave school. Choosing a different snack more often can help children develop a more varied diet.

Growing bodies need nourishment. Fruit, vegetables, wholegrain foods and other nutritious snacks provide a range of vitamins, minerals and fibre that support children's growth and development.

Although **a packet of crisps may seem like a small snack**, making it a daily habit is worth reconsidering (see poster below which shows the amount of oil consumed in a year if someone eats 1 packet of crisps every day)

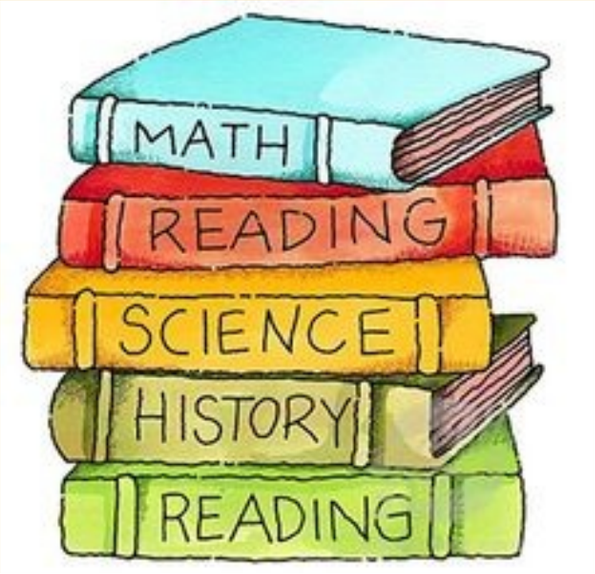
HOW?

A standard 35g bag holds roughly 2.5 teaspoons of oil. Every single day, that soon fills a bottle.

TRY A SWAP

Fruit, veg sticks or plain popcorn make tasty snacks. Keep crisps as an occasional treat.

Source: British Heart Foundation, "Food4Thought" campaign on hidden fats and oils in snack foods. Figures are approximate.



Curriculum Corner

Engage in meaningful discussions and exchange ideas with experts.

Aysha Islam - Assistant Headteacher: Curriculum, Teaching & Learning

Learning in Action

Step into a world of endless possibilities and take control of your growth. Whether you're learning a new skill, exploring fresh ideas, or taking the next step in your career, knowledge is the key to unlocking new opportunities. With the right resources and guidance, you can push boundaries, achieve your goals, and shape your own future. Start your journey today and discover what's possible.

Birch and Sycamore Explore the Science Museum

Birch and Sycamore classes enjoyed an exciting visit to the Science Museum, bringing their science topic, *Animals, Including Humans,* to life. The children were fascinated by the human body, discovering more about the brain, heart, lungs and how our organs work together. They also explored the planets and enjoyed sitting beneath a model of the Earth.

In the transport galleries, pupils discovered how cars and aeroplanes have changed over time. The space displays were a particular highlight, sparking excitement as they explored spacecraft and learned about the first Moon landing. Back at school, the children wrote about their experiences, sharing their favourite discoveries. A wonderful opportunity to inspire curiosity and a love of science!

PE - Netball Festival & Tournament

Year 3 & 4 Netball Festival

Year 5 & 6 Netball Tournament

On Thursday 8th October some of our Year 4 pupils took part in a non-competitive netball festival. Throughout the day, the children participated in a round-robin circuit of age-appropriate netball activities and games. These activities were designed to develop their hand-eye coordination, teamwork, communication and fundamental netball skills. The pupils demonstrated great enthusiasm, worked collaboratively with others and thoroughly enjoyed the opportunity to learn and develop in a fun and supportive environment.

Our Year 5 pupils participated in the first competitive netball tournament of the academic year alongside 11 other schools. We were placed in Pool 2 and played three matches, drawing two and narrowly losing one. Throughout the tournament, all of our players demonstrated excellent subject knowledge, teamwork and an understanding of the rules and tactics of the game. They represented the school brilliantly, showing determination, resilience and positive sportsmanship in every match. We are incredibly proud of their efforts and look forward to our next sporting event, **the Year 5 & 6 Cross Country competition on Friday 23rd October.**

Assemblies

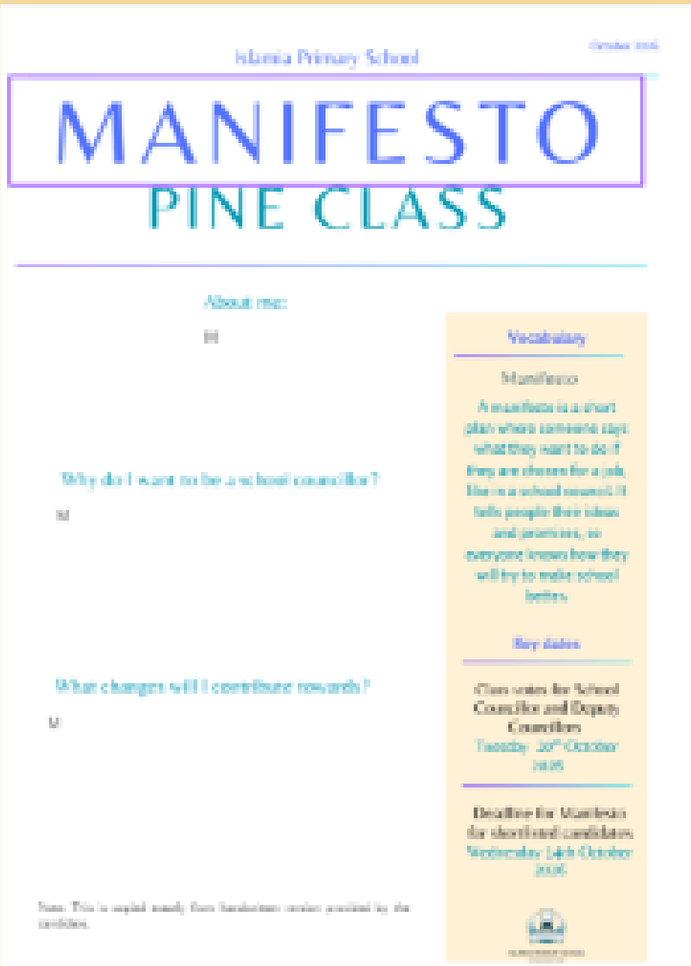
In this week's assemblies, many pupils received certificates for showing Knowledge (Ilm).

Update: School Council Elections 2026-27

School Council roles are an opportunity to practise Islamic leadership through khidmah (service to others), showing responsibility, respect, and care for the school community.

Alhumdullilah, this week our shortlisted candidates have completed their manifesto. A manifesto is a short plan where someone says what they want to do if they are chosen for a job, like in a school council. It tells people their ideas and promises, so everyone knows how they will try to make school better. The candidates will share their manifestos with their class early next week.

School council election day is Tuesday 20th October 2026.



We recognise that not every applicant could be shortlisted, and we thank every child who showed the courage and enthusiasm to put themselves forward. Applying for a leadership role is valuable in itself, and there will be other opportunities for pupils to contribute their ideas and make a difference as we look to develop pupil leadership.

Through this process, we aim to develop more than just a School Council. We want to nurture confident, thoughtful and responsible young leaders who understand that leadership is about khidmah (service), listening to others, taking responsibility and working for the benefit of the whole school community.

Pupils are learning that effective leadership begins with understanding the needs of others, rather than simply sharing their own ideas. Please refer to the poster below for the key dates in the election process. We look forward to seeing our young leaders develop their ideas and take their next steps, insha'Allah.

Jumu'ah Khutbah: Allah's Greatness, Generosity and Mercy

Words of Wisdom

This week's Jumu'ah khutbah focused on a beautiful hadith qudsi, narrated by Abu Dharr al-Ghifari (RA), in which our beloved Prophet Muhammad ﷺ relates the words of Allah.

It reminds us of Allah's greatness, His boundless generosity and mercy, and our constant need for His guidance and provision. (Sahih Muslim)

The hadith begins with a clear message: Allah has forbidden oppression, and we must not oppress one another. For our children, this means treating others fairly, avoiding hurtful words and actions, and recognising that everyone deserves kindness and respect. Whether in the classroom, playground or at home, our faith calls us to consider how our choices affect others.

The khutbah also reminded us of the blessings we enjoy—including our food, clothing and guidance—all come from Allah. His generosity is limitless: the hadith describes how granting everyone's requests would diminish His treasures no more than dipping a needle into the sea. This encourages our children to turn to Allah in duʿā, ask for His help and show gratitude for His blessings.

Another reassuring message is that Allah invites us to seek His forgiveness. We all make mistakes, but we can take responsibility, sincerely ask for forgiveness and try to do better. For children, this includes apologising when they have caused hurt and taking steps to put things right. As parents, you can reinforce these lessons by encouraging your children to thank Allah for everyday blessings, make duʿā for themselves and others, and reflect on whether their actions have been fair and kind. Sharing what we have and helping those in need are practical ways to express our gratitude.

May Allah guide our children towards what is right, nurture gratitude and generosity in their hearts, and help us all to treat others with fairness and compassion. May He forgive our shortcomings and make us mindful of His countless blessings. Ameen.

First Parent Performance 2026-27 Palm Class

Our pupils brought the story of the Year of the Elephant to life through a wonderful and engaging performance. They retold the remarkable events that took place when Abraha and his army set out to destroy the Ka’bah, highlighting how Allah protected His sacred House.

The pupils also learnt that this significant event marked the year in which Prophet Muhammad ﷺ was born, making it an important milestone in Islamic history. Through their acting, storytelling and teamwork, they demonstrated their understanding of the Seerah and reflected on Allah’s power, protection and greatness.

We are incredibly proud of their hard work, confidence and enthusiasm in bringing this important story to life!"

Our Seerah Play Performance

The Year of the Elephant

A story of faith, protection and the beginning of a beautiful legacy...

This special event marked the year in which Prophet Muhammad ﷺ was born.

Our pupils brought the story of the Year of the Elephant to life through a wonderful and engaging performance.

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Bringing the story to life...

Acting, learning and sharing...

Abrahah and his army set out to destroy the Ka'bah...

SAVE THE DATES

ISLAMIA PRIMARY SCHOOL

SAVE THE DATES

Parent Diary • Autumn Term 2026

OCTOBER	
Fri 2 Oct	Seerah Exhibition
Throughout Oct	Black History Month
Wed 14 Oct	Year 5 Palm Parent Performance - The Year of the Elephant
Fri 16 Oct	World Food Day - food bank collection
Wed 21 & Thu 22 Oct	Parent Meetings

NOVEMBER	
Mon 9 Nov	Parent Coffee Morning - Sleep Hygiene, 8:45am (EYFS, Brent Nursing Team)
Fri 13 Nov	World Kindness Day
16-20 Nov	Anti-Bullying Week - 'Break the Silence'
Fri 20 Nov	World Children's Day
Wed 25 Nov	Year 2 Birch Parent Performance - Black History Month: Coming to England

DECEMBER	
Thu 3 Dec	International Day of Persons with Disabilities
Wed 7 Dec	Year 5 Cedar Parent Performance - Space
Wed 14 Dec	Year 6 Oak Parent Performance - World Arabic Language Day

Fri 18 Dec	World Arabic Language Day

Please save these dates. Further details and exact timings for parent performances will be shared by the school. Dates are subject to change where necessary.

Achieve • Belong • Thrive

BRENT MENTAL HEALTH SUPPORT

NHS
Central and North West London
NHS Foundation Trust

BRENT MENTAL HEALTH SUPPORT TEAM (MHST) LEAFLET

Islamia Primary school

Who are we?

The Brent Mental Health Support Team (MHST) is an early intervention service which works in partnership with primary and secondary schools in Brent to support children, their families and school staff build on their emotional understanding, wellbeing and resilience.

Meet the practitioner

Aisha Hasan

What support can we offer?

Parents/Carers

- **1:1 Parent-led Guided Self Help** on:

Managing Child Anxiety (5-11yrs)
(overcoming worries and fears, e.g. of going to school and sleeping alone. Using relaxation techniques, encouraging brave behaviour, etc.)

Managing Behaviour Challenges (5-8yrs)
(e.g. following instructions, setting routines, special time, encouraging desirable behaviours, etc.)

- **Coffee mornings/afternoons,** e.g. on understanding and managing anxiety
- **Parent Workshops,** e.g. on sleep routines, child-led play, online safety.

Children

- **Brain Buddies** - Year 4-6 whole class workshops on emotion regulation
- **Workshops and Assemblies,** e.g. on transitions, self-esteem
- **1:1 or Group Specialist Work,** e.g. with Cognitive Behavioural Therapy (CBT), Senior Wellbeing Practitioner (SWP), Play Therapy, Art Therapy and Dramatherapy

School Staff

Case discussions and Consultations

Parents/Carers Feedback

"X was easy to talk to and explained things well."

"The EMHP was professional, knowledgeable, they knew how to deal with behaviours, and gave good advice."

"Once the referral was made the communication was really quick. X showed empathy, and was supportive."

Young people feedback

"I understand my brain more than ever" - Yr 6

"I really looked forward to this each week because I knew I would be able to tell you anything and not get judged" - Yr 6

"The therapists really took everything I said seriously and they always plan very fun activities." - Yr 4

If you think your child could benefit from accessing 1:1 support from MHST, please speak to us or the school Assistant Headteacher – Aysha Islam

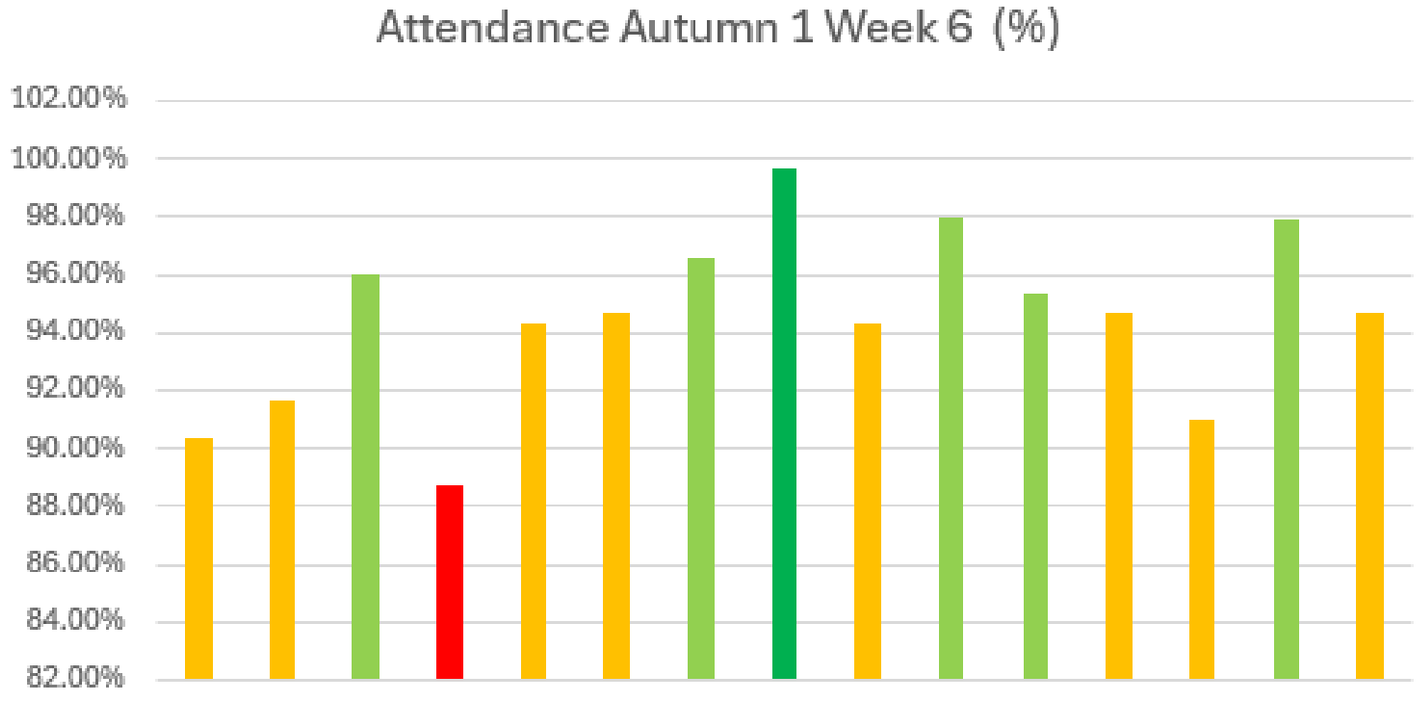
Attendance
Every School Day Matters

Week 6 Attendance - Every Day Counts

Congratulations to Elm class, who achieved almost perfect attendance this week—Mā shā' Allāh! A wonderful effort from the children and their families.

Unfortunately, many classes fell below our 95% attendance target this week. Thank you to all families for supporting regular attendance and punctuality. Please ensure your child attends school every day next week, if well enough, so they can make the most of their learning before half term.

School closes for half term on Friday 23rd October at the end of the school day. Children return on Tuesday 3rd November. Please arrange holidays and travel within the school break. Let's work together to finish this half term strongly!



Safeguarding Matters

Essential Online Safety

 Stay Safe Online This Half Term

As we approach half term, children may spend more time online gaming, watching videos and chatting with friends. Please take time to explore their online world and reinforce safe habits:

Keep talking: encourage your child to tell you if anything online worries or upsets them. Respond calmly and reassure them that asking for help is always right.

Check settings: review parental controls, privacy settings and age suitability of apps and games.

Protect personal information: remind children never to share passwords, their location or private details.

Find a healthy balance: agree screen-time boundaries and make time for prayer, reading, outdoor play and family.

Practise kindness: teach children to block and report hurtful behaviour and seek help from a trusted adult. Our Islamic values guide our behaviour online too.

The Prophet Muhammad taught us to speak good or remain silent (Sahih al-Bukhari and Sahih Muslim).

Remind children to pause before posting: *Is it true? Is it kind? Could it hurt someone?*

Please read the attached Essential Online Safety guide for more practical advice.

May Allah protect our children and grant our families a safe and restful half term. Ameen.

Pupil Premium

ALREADY RECEIVING FREE SCHOOL MEALS?

It is still worth checking!

Free meals do not automatically mean your child is registered for pupil premium.

APPLYING IS SIMPLE — WE CAN HELP!

1. Contact the school office.
2. We will help you check eligibility and complete the application.
3. If eligible, your registration can bring extra funding to the school.

PARENTS' EVENINGS — LATER THIS MONTH

Support with applications will be available. Please ask us!

Not sure whether you qualify? Speak to the school office.

Pupil premium through free school meals is linked to targeted, benefits-based eligibility.
Not all free school meal entitlements attract this funding.

Parent Meetings

ISLAMIA PRIMARY SCHOOL

PARENT MEETINGS

Let's celebrate your child's progress together

Tuesday
20th October
2026

Wednesday
21st October
2026

What will we discuss?

Settling in & wellbeing
How your child is settling into routines, building friendships and feeling at school.

Learning & achievements
Celebrate successes, explore recent learning and discuss next steps.

Individual support & IETPs
For relevant families, review your child's Individual Education and Therapy Plan, targets and support.

Attendance & punctuality
Celebrate good attendance and discuss any support needed to improve attendance or timekeeping.

Targets for next half term
Agree achievable priorities and practical ways to support learning at home.

Your voice matters
Please come ready to share your child's successes, any concerns and questions.

We look forward to meeting you!

Y6 Parent Reminder

Secondary Transfer

Secondary school applications for September 2027 must be completed and submitted by 31 October 2026.
Please apply in good time to avoid missing the deadline.If you need help completing your application, please contact the school office—we are happy to support you.
Follow the link to our school website for further information and guidance.

ISLAMIA PRIMARY SCHOOL
ESTABLISHED 1983

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