



## Autumn 1

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
<b>Reception</b>	<p><b>Topic: Sending and receiving</b></p> <p>L.O: To develop basic sending and receiving techniques</p>	<p><b>Topic: Sending and receiving</b></p> <p>L.O: To master basic sending and receiving techniques</p>	<p><b>Topic: Sending and receiving</b></p> <p>L.O: To master basic sending and receiving techniques. To develop balance, agility and co-ordination.</p>	<p><b>Topic: Sending and receiving</b></p> <p>L.O: To master basic sending and receiving and To make use of co-ordination, accuracy and weight transfer.</p>	<p><b>Topic: Sending and receiving</b></p> <p>L.O: To develop receiving skills</p>	<p><b>Topic: Sending and receiving</b></p> <p>L.O: To use ball skills in game-based activities</p>	Consolidation GAPS
<b>Year 1</b>	<p><b>Topic: Fundamentals</b></p> <p>L.O: To explore static balancing</p>	<p><b>Topic: Fundamentals</b></p> <p>L.O: To combine several coordination drills using upper and lower body movements.</p>	<p><b>Topic: Fundamentals</b></p> <p>L.O: To time running to the path of a ball.</p>	<p><b>Topic: Fundamentals</b></p> <p>L.O: to travel in different ways showing clear transitions between movements.</p>	<p><b>Topic: Fundamentals</b></p> <p>L.O: To travel in different directions with control and fluency.</p>	<p><b>Topic: Fundamentals</b></p> <p>L.O: To practise Agility balance and coordination.</p>	Consolidation GAPS
<b>Year 2</b>	<p><b>Topic: Fundamentals</b></p> <p>L.O: To explore static balancing and concepts of bases.</p>	<p><b>Topic: Fundamentals</b></p> <p>L.O: To combine several coordination drills using upper and lower body movements.</p>	<p><b>Topic: Fundamentals</b></p> <p>L.O: to aim a variety of balls and equipment accurately.</p>	<p><b>Topic: Fundamentals</b></p> <p>L.O: to travel in different ways showing clear transitions between movements.</p>	<p><b>Topic: Fundamentals</b></p> <p>L.O: To maintain balance when changing direction.</p>	<p><b>Topic: Fundamentals</b></p> <p>L.O: To use skills learned in a game.</p>	Consolidation GAPS
<b>Year 3</b>	<p><b>Topic: Multi-skills</b></p> <p>L.O: To change and maintain centre of balance</p>	<p><b>Topic: Multi-skills</b></p> <p>L.O: To develop co-ordination whilst carrying an object.</p>	<p><b>Topic: Multi-skills</b></p> <p>L.O: To demonstrate agility by being able to twist, turn and change direction.</p>	<p><b>Topic: Multi-skills</b></p> <p>L.O: To practise co-ordination and moving with others.</p>	<p><b>Topic: Multi-skills</b></p> <p>L.O: To use co-ordination skills to move an object.</p>	<p><b>Topic: Multi-skills</b></p> <p>L.O: To use all ABC skills learned so far, to the best of your ability.</p>	Consolidation GAPS
<b>Year 4</b>	<p><b>Topic: Multi-skills</b></p> <p>L.O: To change and maintain centre of balance</p>	<p><b>Topic: Multi-skills</b></p> <p>L.O: To use co-ordination whilst moving an object of different shapes and sizes.</p>	<p><b>Topic: Multi-skills</b></p> <p>L.O: To demonstrate agility by being able to twist, turn and change direction with smooth transitions.</p>	<p><b>Topic: Multi-skills</b></p> <p>L.O: To practise co-ordination and moving with others.</p>	<p><b>Topic: Multi-skills</b></p> <p>L.O: To use co-ordination skills to move an object at a greater flow.</p>	<p><b>Topic: Multi-skills</b></p> <p>L.O: To use all ABC skills learned so far, to the best of your ability in a multi-skills festival.</p>	Consolidation GAPS
<b>Year 5</b>	<p><b>Topic: Hi5 Netball</b></p> <p>L.O: To demonstrate basic passing and receiving skills using a netball</p>	<p><b>Topic: Hi5 Netball</b></p> <p>L.O: To use good hand/eye co-ordination to pass and receive a ball successfully.</p>	<p><b>Topic: Hi5 Netball</b></p> <p>L.O: To understand the importance of 'getting free' to receive a pass</p>	<p><b>Topic: Hi5 Netball</b></p> <p>L.O: To be able to demonstrate a range of defending skills and understand how to mark an opponent</p>	<p><b>Topic: Hi5 Netball</b></p> <p>L.O: To learn how to shoot.</p>	<p><b>Topic: Hi5 Netball</b></p> <p>L.O: To understand the different positions in a netball team (five-a-side).</p>	Consolidation GAPS
<b>Year 6</b>	<p><b>Topic: Hi5 Netball</b></p> <p>L.O: To demonstrate basic passing and receiving skills using a netball and develop basic footwork rule of netball.</p>	<p><b>Topic: Hi5 Netball</b></p> <p>L.O: To develop skills in the range of passes for example: chest pass, overhead pass, bounce pass.</p>	<p><b>Topic: Hi5 Netball</b></p> <p>L.O: To understand how to make space by moving away and coming back and by dodging.</p>	<p><b>Topic: Hi5 Netball</b></p> <p>L.O: To be able to demonstrate a range of defending skills and understand how to mark an opponent. To understand how to intercept a pass</p>	<p><b>Topic: Hi5 Netball</b></p> <p>L.O: To learn how to shoot.</p>	<p><b>Topic: Hi5 Netball</b></p> <p>L.O: To recognise which positions are attacking and which are defending.</p>	Consolidation GAPS

