



## Summer 1

	Summer 1					
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
<b>Reception</b>	<p style="text-align: center; color: blue;">Topic: Athletics linked to sports day</p> <p>L.O: To use varying speeds when running</p>	<p style="text-align: center; color: blue;">Topic: Athletics linked to sports day</p> <p>L.O: To explore footwork patterns</p>	<p style="text-align: center; color: blue;">Topic: Athletics linked to sports day</p> <p>L.O: To explore different methods of throwing</p>	<p style="text-align: center; color: blue;">Topic: Athletics linked to sports day</p> <p>L.O: To practise short distance running</p>	<p style="text-align: center; color: blue;">Topic: Athletics linked to sports day</p> <p>L.O: To practise taking off from different positions</p>	<p style="text-align: center; color: blue;">Topic: Athletics linked to sports day</p> <p>L.O: To complete an obstacle course with control and agility</p>
<b>Year 1</b>	<p style="text-align: center; color: blue;">Topic: Multiskills</p> <p>L.O: To link travelling moves that change direction and level</p>	<p style="text-align: center; color: blue;">Topic: Multiskills</p> <p>L.O: To use a variety of moves</p>	<p style="text-align: center; color: blue;">Topic: Multiskills</p> <p>L.O: To link moves together</p>	<p style="text-align: center; color: blue;">Topic: Multiskills</p> <p>L.O: To explore basic body patterns and movements</p>	<p style="text-align: center; color: blue;">Topic: Multiskills</p> <p>L.O: To use a variety of moves that change speed and direction</p>	<p style="text-align: center; color: blue;">Topic: Multiskills</p> <p>L.O: To link together moves with gestures and changing direction in time to a beat</p>
<b>Year 2</b>	<p style="text-align: center; color: blue;">Topic: Football</p> <p>L.O: To kick and move with a ball</p>	<p style="text-align: center; color: blue;">Topic: Football</p> <p>L.O: To develop dribbling skills</p>	<p style="text-align: center; color: blue;">Topic: Football</p> <p>L.O: To learn basic techniques of passing and moving</p>	<p style="text-align: center; color: blue;">Topic: Football</p> <p>L.O: To learn basic rules of the game</p>	<p style="text-align: center; color: blue;">Topic: Football</p> <p>L.O: To know the difference between attack and defence</p>	<p style="text-align: center; color: blue;">Topic: Football</p> <p>L.O: To use ball skills in a mini festival</p>
<b>Year 3</b>	<p style="text-align: center; color: blue;">Topic: Striking and fielding</p> <p>L.O: To develop skills in batting and fielding</p>	<p style="text-align: center; color: blue;">Topic: Striking and fielding</p> <p>L.O: To run between the wickets</p>	<p style="text-align: center; color: blue;">Topic: Striking and fielding</p> <p>L.O: To run, throw and catch</p>	<p style="text-align: center; color: blue;">Topic: Striking and fielding</p> <p>L.O: To develop a safe and effective overarm throw</p>	<p style="text-align: center; color: blue;">Topic: Striking and fielding</p> <p>L.O: To learn batting control</p>	<p style="text-align: center; color: blue;">Topic: Striking and fielding</p> <p>L.O: To use all the skills learned by playing in a mini tournament</p>
<b>Year 4</b>	<p style="text-align: center; color: blue;">Topic: Basketball</p> <p>L.O: To move the ball around with good control using my fingertips and thumbs</p>	<p style="text-align: center; color: blue;">Topic: Basketball</p> <p>L.O: To bounce the ball with control keeping it at waist height in various ways</p>	<p style="text-align: center; color: blue;">Topic: Basketball</p> <p>L.O: To be able to chest and bounce pass the ball using SEP and SEB</p>	<p style="text-align: center; color: blue;">Topic: Basketball</p> <p>L.O: To perform a stride stop, jump stop and pivot with control</p>	<p style="text-align: center; color: blue;">Topic: Basketball</p> <p>L.O: I can play and embrace the rules of basketball</p>	<p style="text-align: center; color: blue;">Topic: Basketball</p> <p>L.O: To participate in a mini festival.</p>
<b>Year 5</b>	<p style="text-align: center; color: blue;">Topic: Athletics</p> <p>L.O: To use correct technique to run at speed</p>	<p style="text-align: center; color: blue;">Topic: Athletics</p> <p>L.O: To throw with accuracy and power</p>	<p style="text-align: center; color: blue;">Topic: Athletics</p> <p>L.O: To identify and apply techniques of relay running</p>	<p style="text-align: center; color: blue;">Topic: Athletics</p> <p>L.O: To understand which technique is most effective when jumping for distance</p>	<p style="text-align: center; color: blue;">Topic: Athletics</p> <p>L.O: Learn how to use skills to improve the distance of a pull throw</p>	<p style="text-align: center; color: blue;">Topic: Athletics</p> <p>L.O: To demonstrate good techniques in a competitive situation</p>
<b>Year 6</b>	<p style="text-align: center; color: blue;">Topic: Athletics</p> <p>L.O: To investigate running styles and changes of speed</p>	<p style="text-align: center; color: blue;">Topic: Athletics</p> <p>L.O: To practise throwing with power and accuracy</p>	<p style="text-align: center; color: blue;">Topic: Athletics</p> <p>L.O: To throw safely and with understanding</p>	<p style="text-align: center; color: blue;">Topic: Athletics</p> <p>L.O: To demonstrate good running technique in a competitive situation</p>	<p style="text-align: center; color: blue;">Topic: Athletics</p> <p>L.O: To explore different footwork patterns</p>	<p style="text-align: center; color: blue;">Topic: Athletics</p> <p>L.O: To utilise all the skills learned in this unit in a competitive situation</p>